

# Parenting the Love and Logic Way™

We are excited to share an opportunity to take the Parenting the Love and Logic Way class to be held in the upcoming months! Parenting is such a challenging and important job and it is helpful to have tools to use when children surprise us, which they inevitably do and will continue to do. I clearly remember the first moment when my sweet, young child said, “no” when I made a simple request of her and my anxiety rising as I had absolutely no idea how to respond as a parent. If you have ever had a similar experience where you struggled with having a strategy or ideas of how to respond to your children’s behavior (regardless of your child’s age), this program is for you!

By attending this 6-week parenting program, you will learn practical skills that will help you feel more relaxed, hopeful and positive about your children. As you learn more, you’ll discover that parenting really can be enjoyable...and that you can teach personal responsibility and respect without losing your children's love.

## **Parents will learn how to:**

- Avoid un-winnable power-struggles and arguments
- Stay calm when their kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help their kids learn from mistakes rather than repeating them
- And much more!

**WHO:** This class is for parents or anyone who interacts with children of any age

**WHEN:** 5:30-7:00 on Wednesdays evenings starting January 24th through March 6th (class will NOT meet February 21st)

**WHERE:** Emmaus Church, S200 Sabin Ave. in Spring Valley (old elementary school building)

**CHILDCARE:** If there is enough interest, childcare will be available for an additional fee during class time and kids will be able to play in the nursery and/or gym areas.

**COST:** This class is available for \$50/person or \$75/couple; scholarships to take the class at no cost are available to those with financial constraints

\*An optional recommended parenting workbook is available for \$10 each (please indicate if you would like to purchase one when registering)

**HOW TO REGISTER:** Please fill out the attached **registration form on the backside** of this flier and have your child return to the office by **Friday January 12th**, or go to the school district website and complete the **link for the google document titled “Parenting the Love and Logic Way”**.

*Parenting the Love and Logic Way™* curriculum was developed by Jim Fay and Charles Fay, Ph.D., with special thanks to Foster W. Cline, M.D, of the Love and Logic Institute, Inc., in Golden, Colorado. Mindy Connors is an independent facilitator of *Love and Logic®* and is not an employee of the Love and Logic Institute.

**Any questions on Parenting the Love and Logic Way:**

Please contact Mindy Connors, Facilitator  
715-688-9182 or mindylou20@gmail.com

**Any questions on registration:**

Please contact Eric Johnson, Community Education Coordinator  
715-778-5892 or johnsone@springvalley.k12.wi.us

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Registration Form  
Parenting the Love and Logic Way

Parent Name(s): \_\_\_\_\_

Children's Names & Ages: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Cell Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Are you planning to utilize childcare? Yes No

Which children will use the available childcare? \_\_\_\_\_

Would you like to order a parenting workbook to keep? Yes No (Additional \$10 at class)

Class Fee is \$50/individual or \$75/couple plus \$10 optional workbook cost—check or cash accepted. Checks can be made out to **Spring Valley Schools**. If applicable, childcare costs will be collected during the last several classes.